What Were We Scared Of?
A Class Book By:

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Inspired by Dr. Seuss’s Book, What Was I Scared Of?

What Was I Scared Of?

The only thing we have to fear is fear itself.
- Franklin D. Roosevelt

Only when we are no longer afraid do we begin to live.
- Dorothy Thompson

Comparing and Contrasting 2 Stories

Different

Same

Different

![Image of pants withWhat Were We Scared Of? A Class Book By:

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Inspired by Dr. Seuss’s Book,
What Was I Scared Of?
Something that scares the pants off of me is...
Something that scares the pants off of me is...
“...and, now, we meet quite often, those empty pants and I, and we never shake or tremble. We both smile and we say ‘Hi!’“

Once the narrator of the story faced his fear, he discovered there was really nothing to be afraid of. Was there something you used to be afraid of, but aren’t anymore? How did you overcome your fear? OR . . . Do you know about someone who was afraid of something that they no longer are afraid of?

Write about it below and then draw a picture.
Here are some quotes about fear. Pick your favorite and discuss it.

I have learned over the years that when one's mind is made up, this diminishes fear; knowing what must be done does away with fear.
-Rosa Parks

Love is what we were born with. Fear is what we learned here.
-Marianne Williamson

Fear stifles our thinking and actions. It creates indecisiveness that results in stagnation. I have known talented people who procrastinate indefinitely rather than risk failure.
-Charles Stanley

We fear things in proportion to our ignorance of them.
-Christian Nestell Bovee

There are very few monsters who warrant the fear we have of them.
-Andre Gide

Fear is static that prevents me from hearing myself.
-Samuel Butler

Fear makes us feel our humanity.
-Benjamin Disraeli

I have never known any distress that an hour's reading did not relieve.
-Charles de Montesquieu

A person's fears are lighter when the danger is at hand.
-Lucius Annaeus Seneca

The first duty of man is to conquer fear; he must get rid of it, he cannot act till then.
-Thomas Carlyle
We should not fret for what is past, nor should we be anxious about the future; men of discernment deal only with the present moment.
- Chanakya

The only thing we have to fear is fear itself.
- Franklin D. Roosevelt

Pick the day. Enjoy it-to the hilt. The day as it comes. People as they come. The past I think, has helped me appreciate the present—and I don’t want to spoil any of it by fretting about the future.
- Audrey Hepburn

Courage is never to let your actions be influenced by your fears.
- Arthur Koestler

Only when we are no longer afraid do we begin to live.
- Dorothy Thompson

Always do what you are afraid to do.
- Ralph Waldo Emerson

There are two basic motivating forces: fear and love. When we are afraid, we pull back from life. When we are in love, we open to all that life has to offer with passion, excitement, and acceptance.
- John Lennon

Do one thing every day that scares you."
- Eleanor Roosevelt

There is only one thing that makes a dream impossible to achieve; the fear of failure.
- Paulo Coelho
Comparing and Contrasting 2 Stories

Dr. Seuss
What was I Scared of?

Different:

Same:

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The Little Old Lady Who Was Not Afraid Of Anything
by Linda Williams

Illustrated by Megan Lloyd
Cover by Linda Williams