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class

BY ROCCO DISPIR
THE ASSOCIATED P

LINE IN TONIGHT

tonight's highlights

- Auditions continue on "American Idol" (8 p.m., Fox).
- Co-dependence on "Whitney" (8 p.m., NBC)
- Haley flounders on "One Tree Hill" (8 p.m., CW)
- Catherine Willows (Marg Helgenberger) departs on "CSI" (10 p.m., CBS).

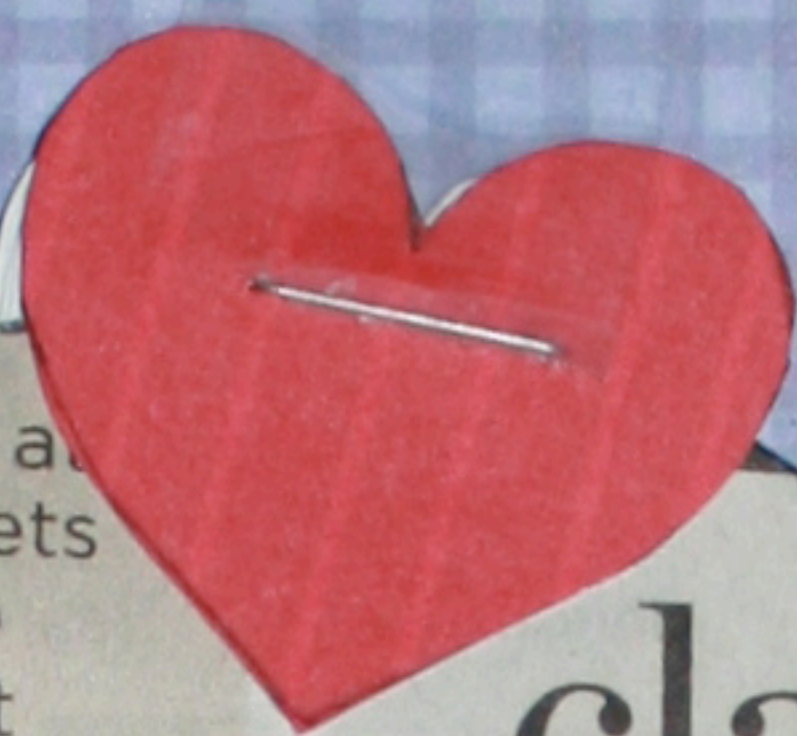
— Kevin McDonough,
United Feature Syndicate
More from McDonough on B6)

The big game on Super Bowl day (Feb. 5) usually brings with it eats.

As a nation, in just one day we consume millions of pounds of potato chips, tortilla chips, pretzels, popcorn and nuts. And don't even get me started on the guacamole, chicken wings, baby back ribs, pizza, dips, chili and subs.

But a few smart choices can keep you enjoying Super Bowl-style eating without quite so much damage. New Year's resolutions start now. My buffet...

Here's the scoop!



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My buffet

Here's the scoop!

Dan
You're sweet!

Happy
Valentine's Day!

Love,

Diane
xoxo...

I'd like

Kelli

to be my Valentine
because...

She is kind,
sweet and a
wonderful
daughter and
friend.

The news

I'd like to share is:

My poodle
Chloe just
turned one
February 4,
2012.



How Sweet It Is! A Card and Writing Prompts Rolled Into One!

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Materials:

- Brown construction paper
- Red construction paper or large heart stickers (The size of a quarter.)
- Assortment of patterned scrapbook paper
- Stapler
- Scotch tape
- Colored markers
- Old newspapers
- Glue sticks
- Scissors
- Old file folders to make templates
- Copy paper and copier

Directions:

Recycle those old newspapers and you've got yourself a really cute Valentine or writing activity for February.

Make templates from file folders for your students to use to trace onto a page of the newspaper.

They cut out their scoop of ice cream, glue it to their cone (which they cut out) and then top it off with a cherry heart.

I've also provided a template for the "cherries" or you can give students large sparkly-heart stickers to add that finishing touch.

Run off the "flipped-up" messages and give students a choice of what they want to do/write about, OR you could have them make this a valentine AND writing prompt and do both, then staple the pages together.

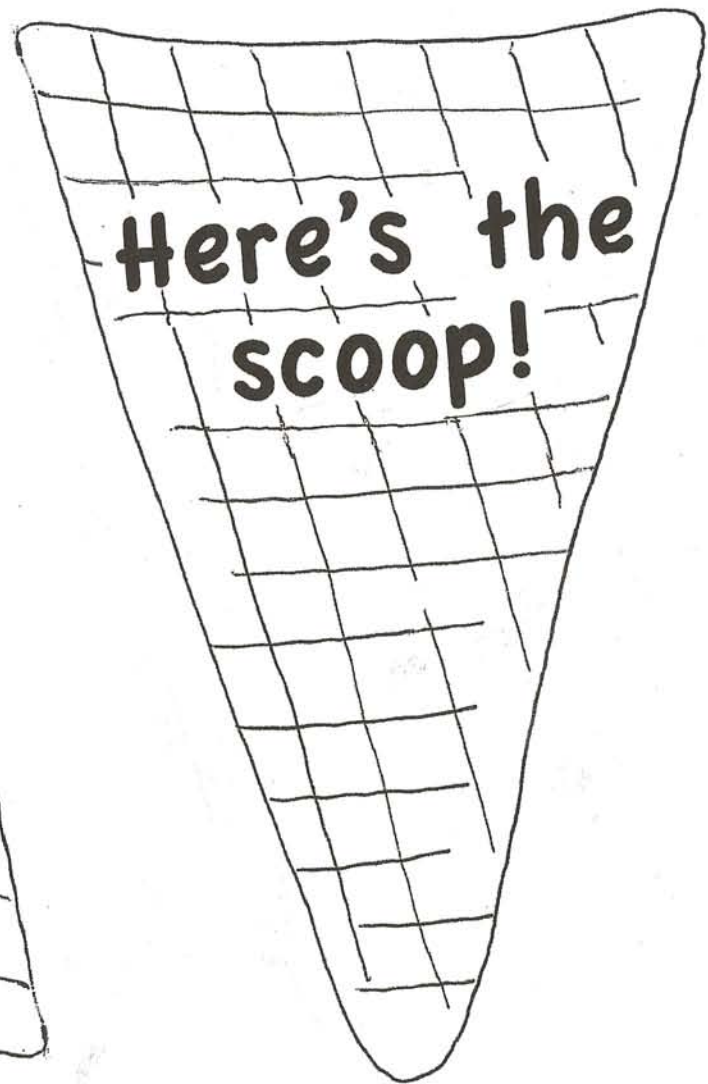
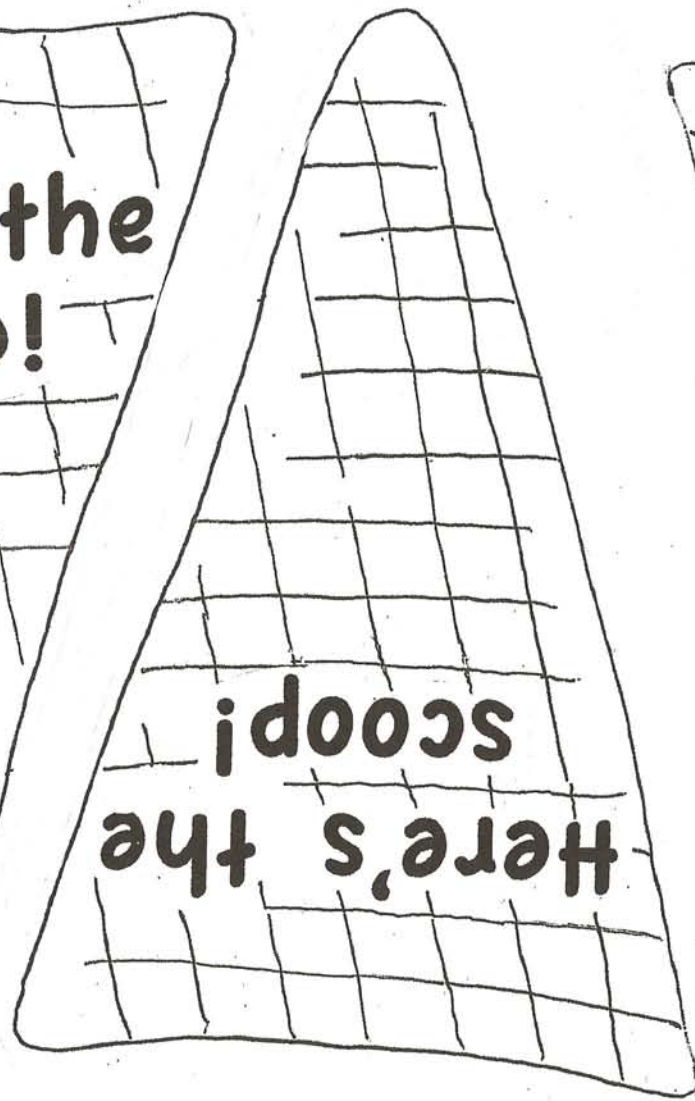
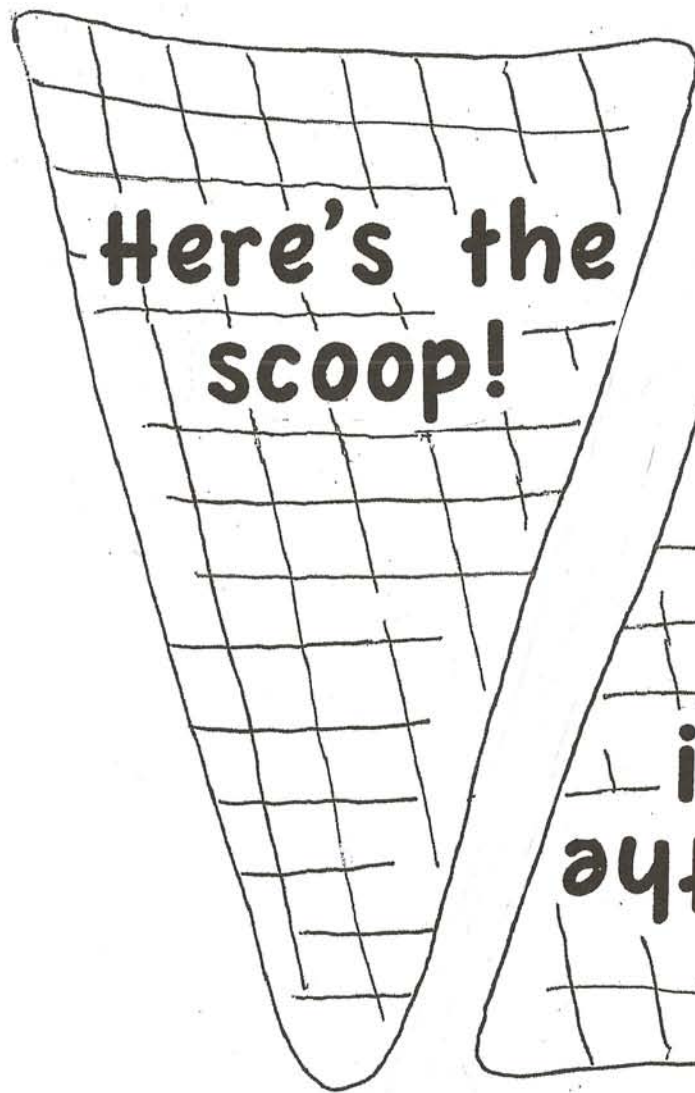
I "hinged" the completed cone with a small square of Scotch tape stuck to the cherry and attached it to a sheet of scrapbook paper.

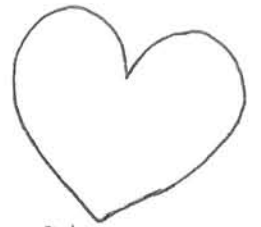
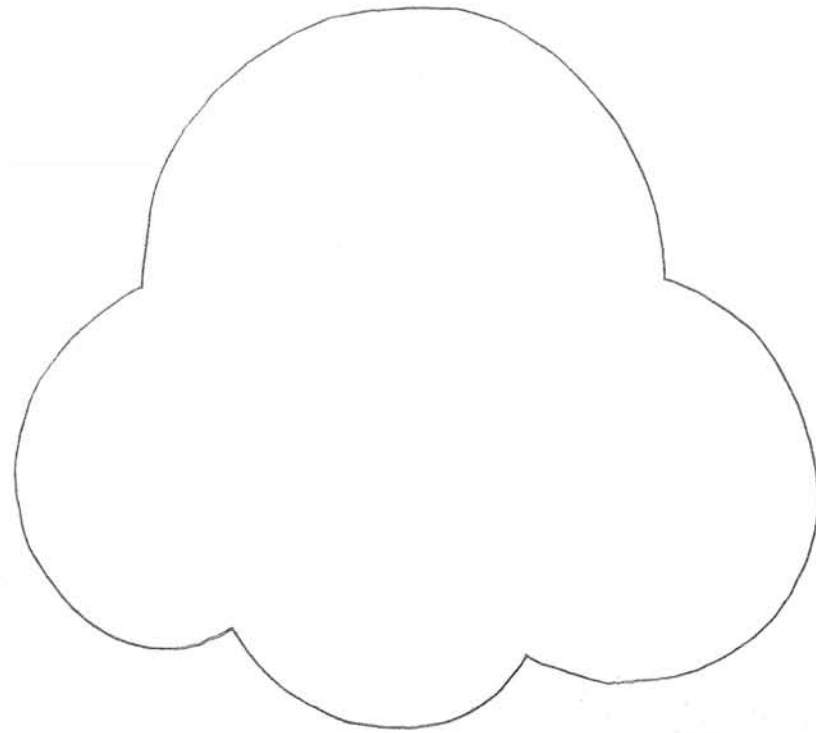
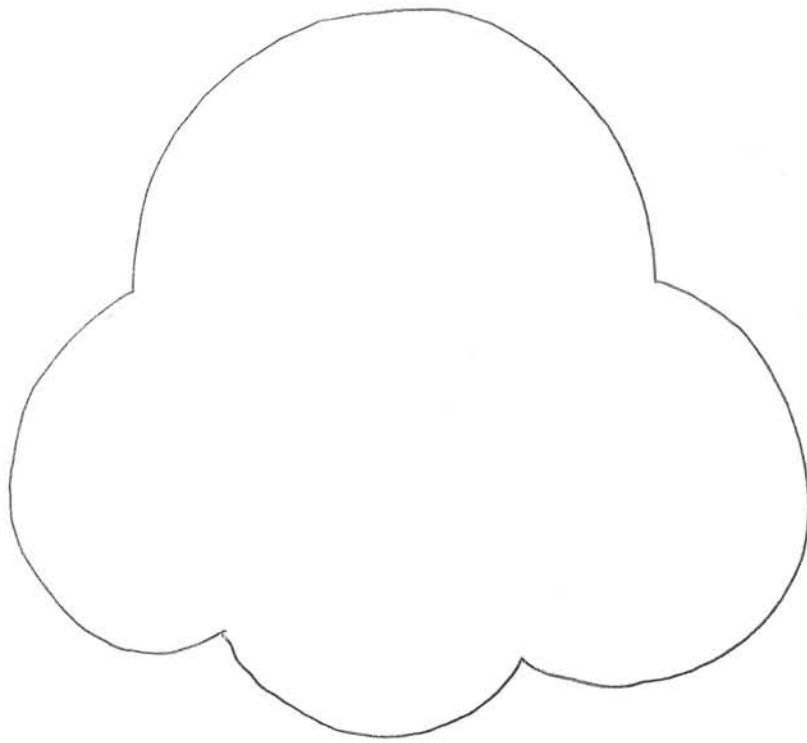
Stores have all sorts of packs on sale at this time of year. If not, print off a 40-50% off coupon from one of the major craft chain stores.

These make a cute bulletin board on a black background with paper lace for the framed border. OR...

Hang them in a row in the hallway, just high enough so that people can flip and read. Send them home on Valentine's Day.

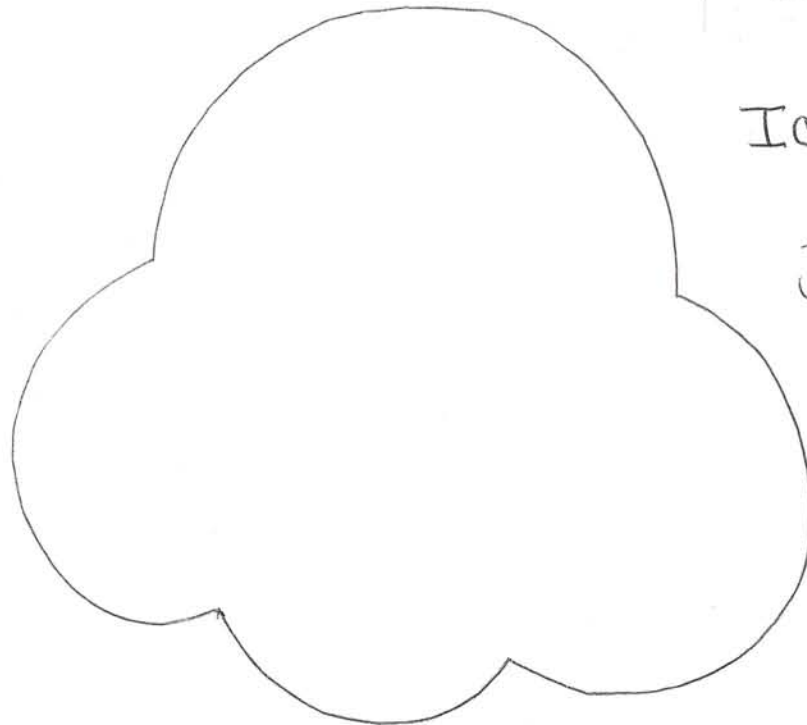
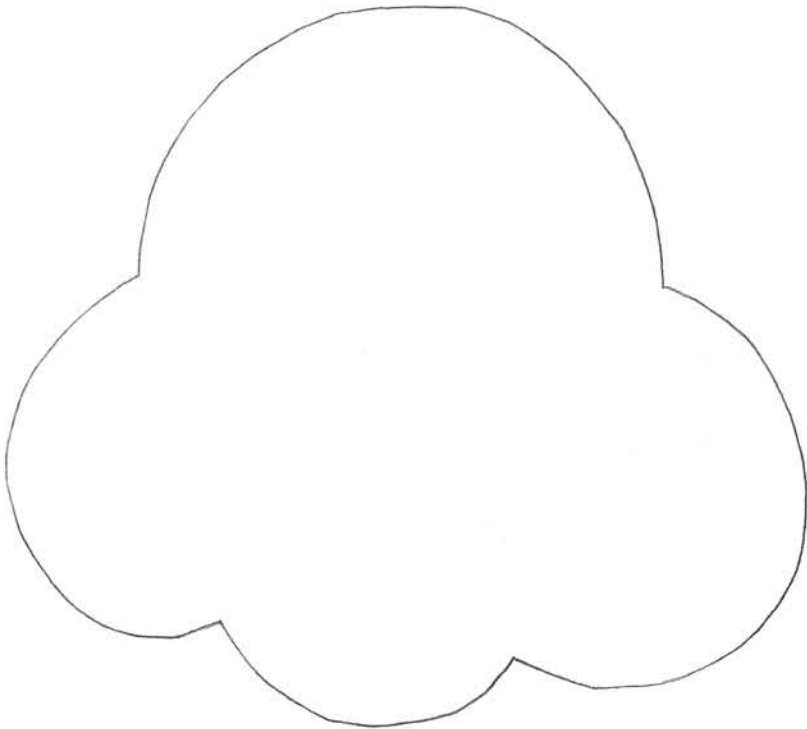






Cherry
♥-
Template
(pink or
red.)

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Ice Cream
Scoop
Valentine ♥

Trace on
← Newspaper.

The news
I'd like to share is:

I'd like
to be my Valentine
because...

Flip-up
Cone
Writing prompts

You're sweet!

**Happy
Valentine's Day!**

Love,

**You're sweet!
Happy
Valentine's Day!
Love,**